

I CLAIM:

1. A jogging machine having a platform folding structure comprising a base, a platform, and a lifter, said platform being pivotally connected to said base, said lifter being pivotally connected between said base and said platform, said lifter comprising a
5 cylinder having a strut therein, said cylinder having one end pivotally connected to said platform, said strut of said cylinder having one end pivotally connected to said base, and being characterized by:

the jogging machine further comprising a pedal, a cable, a block and a spring, said pedal being pivotally connected to said base, said cylinder comprising an engaging
10 end, said lifter having a hole thereat to receive said block and said spring therein, said block having one end engaged with said engaging end of said cylinder and another end connected with one end of said cable, another end of said cable being secured to said pedal.

2. The jogging machine having a platform folding structure, as recited in claim 1,
15 wherein said lifter has a fixture to secure a sleeve covering said cable.

3. The jogging machine having a platform folding structure, as recited in claim 1, wherein said pedal has a step at one end and a fixture at a bottom end thereof to secure another end of said sleeve of said cable.